

Federaal Kenniscentrum voor de Gezondheidszorg Centre Fédéral d'Expertise des Soins de Santé Belgian Health Care Knowledge Centre

# Left ventricular assist devices (LVAD) in the treatment of

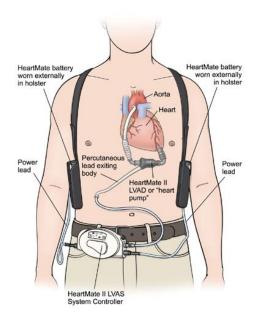
end-stage heart failure

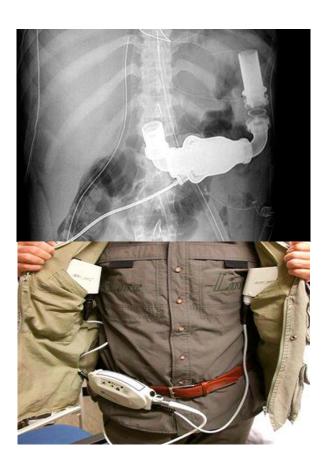
Mattias Neyt, Roos Leroy, Carl Devos, Hans Van Brabandt



## Background

- End-stage heart failure
  - Heart transplantation
  - LVAD
  - OMT\*

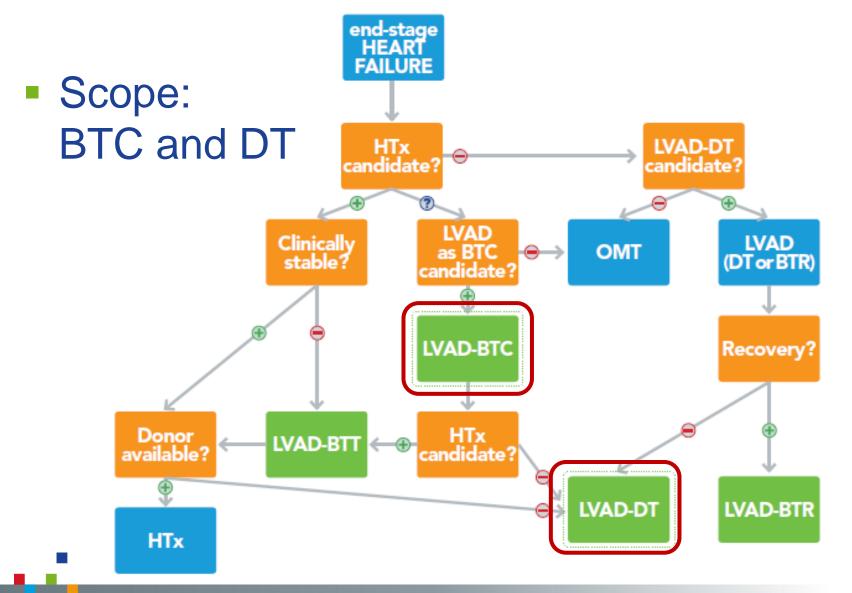




\* OMT: Optimal medical treatment



#### Treatment intentions with LVADs



## Research question

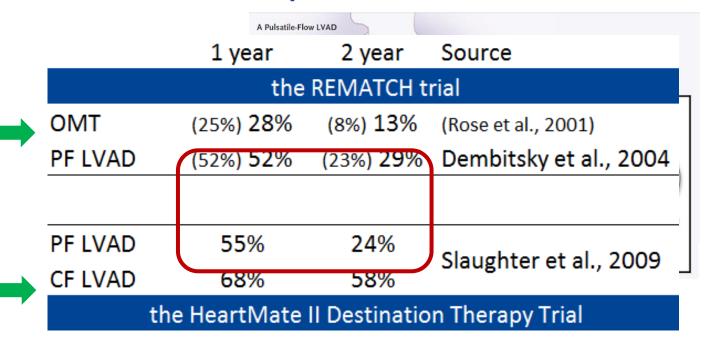
- Current situation:
  - 20 (1999) → 50 (2014) reimbursed LVADs/year
  - In recognised transplant centres (n=7)
  - Patients on Eurotransplant waiting list
  - Originally, only BTT → Since 1 July 2014 also BTC
- Research question:
  - >50 (DT, BTC)/year?

Note: BTT out of scope



## Life expectancy

Indirect comparison



## Complications & Quality of life

#### Complications:

- Bleedings (after the procedure, >30 days: 12 to 23%)
- Cerebral infarction or cerebral haemorrhage (8-11% within two years)
- Local infections (20-49%)
- Sepsis (20-36%)
- Residual right heart failure (5-25%)
- Pump thrombosis
- QoL: improvement, but probably overestimated (Indirect comparison...)
  - OMT: 0.53
  - DT LVADs: 0.72 → >50% missing (at random??)



## Cost-utility analysis

LVAD (non-)discounted

Life expectancy: (4.82) 4.46

• QALYs: (3.46) 3.19

• Costs: €239 000

• €46 000 (initial intervention) + €67 000 (device)

+ ~5% of their time rehospitalized

#### Optimal medical treatment

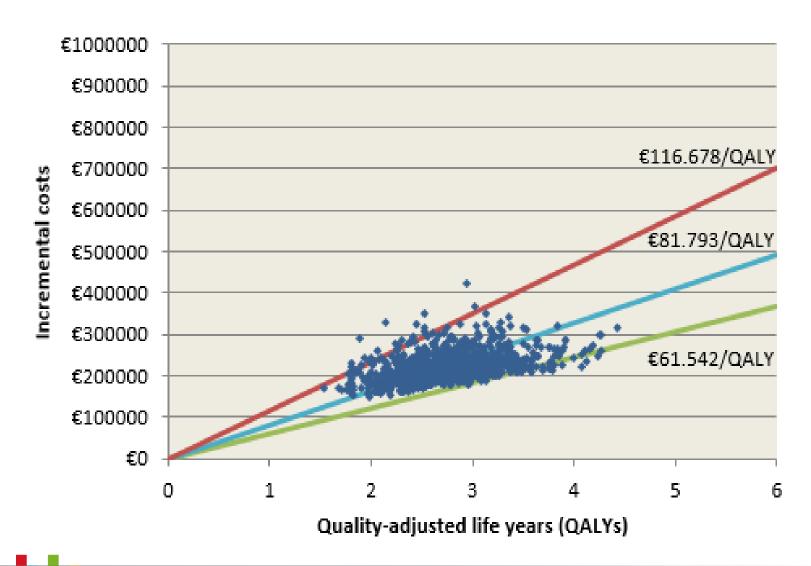
Life expectancy: (0.82) 0.81

• QALYs: (0.44) 0.43

• Costs: €17 000 (underestimated → sensitivity analyses)



## Cost-utility analysis



#### Limitations

Indirect comparison



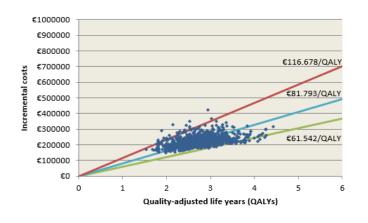


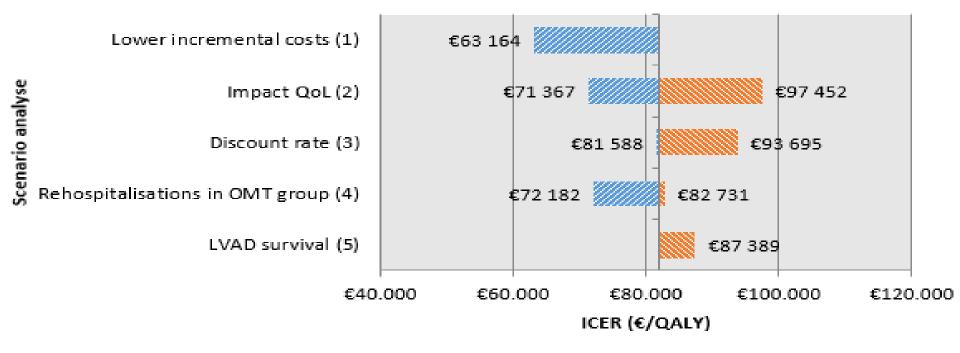
- Overestimation of costs in LVAD group (?), underestimation of costs in OMT group
- Overestimation of QoL in LVAD group
- Etc.
- Sensitivity analyses

(probabilistic & one-way scenario analyses)



## Sensitivity analyses





## And what about BTC?

- No evidence
- Increase of # LVADs (BTT, BTC or DT) will not increase # heart transplantations
- Increase of # LVADs as BTC (or as BTT) will only create more LVAD-DT patients

... and the cost-effectiveness of DT is not favourable.



#### Recommendation

To the Minister for Public Health and the competent bodies at RIZIV/INAMI:

A heart assist device as destination therapy results in a significant improvement in life expectancy and an improvement in the quality of life in comparison with optimal medical treatment.

Despite these clear benefits, the average cost effectiveness ratio is relatively high (€82 000 per QALY on average).

From a health economic point of view, there are no arguments for an extension of the reimbursement to more than 50 LVADs per year.



#### Colophon

- Author(s): Neyt M, Leroy R, Devos C, Van Brabandt H.
- Publication date: 11/04/2016
- Domain: Health Technology Assessment (HTA)
- MeSH: Heart-Assist Devices; Heart Failure; Technology assessment, Biomedical; Cost-Benefit Analysis
- NLM Classification:WG 169.5
- Language: English
- Format: Adobe® PDF™ (A4)
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